

IEFT ADMISSION REQUIREMENTS

Graduate Certificate in Emotionally Focused Counselling

Admission Requirements for Standard Applications

1. Professional Association

- Be eligible for associate or member status to a professional association in the social sciences and related helping professions. For example, the Australian Psychological Society, Australian Association of Social Workers, Australian Association of Family Therapy, Psychotherapy and Counselling Federation of Australia (PACFA), PACFA College of Relationship Counsellors, and Australian and New Zealand Art Therapy Association.

2. Academic Qualifications

- A relevant degree from a recognised academic institution in the arts, social sciences and related fields (e.g. psychology, social work, welfare, counselling, nursing, occupational therapy). The minimum acceptable level of degree will be a pass undergraduate qualification, although some students may have an honours qualification or a Masters Degree qualification.

3. Employment

- Be working in the counselling field doing face-to face supervised counselling;
- have completed skills based training in counselling skills; and
- can demonstrate proficient counselling skills.

4. Special Additional Qualifications Required for Admission

- Where applicants to the Graduate Certificate do not have the pre-requisite counselling skills, they will be required to complete designated counselling skills workshops provided by the Institute.
- Where applicants do not have the pre-requisite knowledge background from their other professional training, IEFT may request them to complete other theoretical studies as additional qualifications before admission.

Non-Standard Applications.

Applicants who do not possess the appropriate qualifications or skills are required to satisfy the Faculty Committee selection procedures.

1. Non-relevant or no tertiary qualification.

- Applicants who possess a non-relevant qualification or have no tertiary qualification may be considered if they have an accreditation of equal standing for professional training awarded by a recognised professional body; for example:
 - employed in a clinical role by a relationship and/or family organisation designated by the Federal Attorney General's Department;
 - associate or member of a professional body, e.g. Australian Association of Family Therapists or PACFA College of Relationship Counsellors.
- In these instances, the applicant's professional training must be comparable to a basic undergraduate degree, with knowledge of psychology, culture, counselling and therapies, and basic competencies in counselling skills. Counselling experience must be supervised; the applicant must have completed skills based training in counselling skills, and be able to demonstrate proficient counselling skills.

2. Other admission

- The Faculty Committee is able to require further assessment of an applicant for admission to the Graduate Certificate in Emotionally Focused Counselling by requesting:

- a video or audio tape demonstrating their clinical work and their ability to conceptualise and self-reflect;
- an interview with the course co-ordinator and academic staff as designated, where there will be relevant discussion on the applicant's qualifications and experience; discussion about case examples and procedures and demonstrated self-reflection; and
- references from the employer and/or supervisor about demonstrated skills and knowledge

Graduate Diploma in Emotionally Focused Therapy

Admission Requirements for Standard Applications

1. Professional Association

- Be eligible for associate or member status to a professional association in the social sciences and related helping professions. For example, Australian Psychological Society, Australian Association of Social Workers, Australian Association of Family Therapy, Psychotherapy and Counselling Federation of Australia (PACFA), PACFA College of Relationship Counsellors, and Australian and New Zealand Art Therapy Association.
- A relevant degree from a recognised academic institution in the arts, social sciences and related fields (e.g. psychology, social work, welfare, counselling, nursing, occupational therapy). The minimum acceptable level of degree will be a pass undergraduate qualification, although some students may have an honours qualification or a Masters Degree qualification.

2. Employment

- Be working in the field as a counsellor or therapist with on-going clinical supervision.

3. Special Additional Qualifications Required for Admission

- Where applicants to the Graduate Diploma do not have the pre-requisite counselling skills, they will be required to complete designated counselling skills workshops provided by the Institute.
- Where applicants do not have the pre-requisite knowledge background from their other professional training, the Faculty Committee may request them to complete other theoretical studies as additional qualifications before admission.

Non-Standard Applications.

Applicants who do not possess the appropriate qualifications or skills are required to satisfy the Faculty Committee selection procedures.

1. Non-relevant or no tertiary qualification

- Applicants who possess a non-relevant qualification or have no tertiary qualification may be considered if they have an accreditation of equal standing for professional training awarded by a recognised professional body; for example:
 - employed in a clinical role by a relationship and/or family organisation designated by the Federal Attorney General's Department;
 - associate or member of a professional body, e.g. Australian Association of Family Therapists or PACFA College of Relationship Counsellors.
 - Has undertaken professional training comparable to a basic undergraduate degree, with knowledge of psychology, culture, counselling and therapies, and basic competencies in counselling skills.
 - Has demonstrated counselling experience of two years or 250 supervised hours of ongoing supervised practice.

- Assessment by the accreditation committees of the respective professional associations regarding both knowledge and counselling competencies will be accepted where there are supervisory requirements, video tape work and formal assessment required.

2. Provisional Admission

In some circumstances, the Faculty Committee will admit an applicant on provisional admission status. The applicant will be required to successfully complete the required work as stated in writing by the committee prior to continuing in the course. For example, completing the Graduate Certificate in Emotionally Focused Counselling.

3. Other Admission

- The Faculty Committee is able to require further assessment of an applicant for admission to the Graduate Diploma in Emotionally Focused Therapy by requesting:
 - a video or audio tape demonstrating their clinical work and their ability to conceptualise and self-reflect.
 - an interview with the course co-ordinator and academic staff as designated, where there will be relevant discussion of the applicant's qualifications and experience; discussion about case examples and procedures; and demonstrated reflection of self-reflection; and
 - references from employer and/or supervisor about demonstrated skills and knowledge.

Version Control

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